101 Foods That Could Save Your Life
References & Resources

References:

http://101foodsthatcouldsaveyourlife.answerstv.com/AnswersTV/Media/Files/101_Foods_References1.pdf

Resources:

Acai	www.acaifacts.com/main
Agave	http://en.wikipedia.org/wiki/Agave
Almonds	www.almondsarein.com
Amaranth	www.jeffersoninstitute.org/pubs/amaranth.shtml
Apples	www.usapple.org
Apricots	www.califapricot.com
Artichoke	www.artichokes.org
Asparagus	www.asparagus.org
Avocado	www.avocado.org
Banana	www.banana.com
Barley	www.barleyfoods.com
Basil	www.hort.wisc.edu/mastergardener/features/vegetables/basil/herb03basil.htm
Beans	www.americanbean.org
Blackberries	www.oregon-berries.com
Blueberries	www.blueberry.org
Blueberries	www.wildblueberries.com
Broccoli	www.answers.com/topic/broccoli
Buckwheat	www.hort.purdue.edu/newcrop/afcm/buckwheat.html
Cabbage	www.answers.com/topic/sauerkraut
Cardamom	www.cardamom.com/cardamom.html
Carob	www.gilead.net/health/carob.html
Carrots	http://en.wikipedia.org/wiki/Carrot
Cauliflower	http://en.wikipedia.org/wiki/Cauliflower
Celery	www.michigancelery.com/celeryinfo.htm
Chard	www.wikipedia.org/wiki/Chard
Cherries	www.calcherry.com
Cherries	www.usacherries.com
Chocolate	www.chocolateusa.org/
Cilantro	http://en.wikipedia.org/wiki/Coriander
Cinnamon	www.ars.usda.gov/is/video/vnr/cinnamon.htm
Cocoa	www.icco.org
Coriander	http://en.wikipedia.org/wiki/Coriander
California Asparagus Commission	www.calasparagus.com
Clove	http://en.wikipedia.org/wiki/Clove
Coffee	www.ncausa.org
Corn	www.ncga.com/education/main/index.asp
Corn	www.urbanext.uiuc.edu/corn
Cranberries	www.cranberryinstitute.com
Cranberries	http://nccam.nih.gov/health/cranberry/
Cumin	http://en.wikipedia.org/wiki/Cumin
Currants	www.crfg.org/pubs/ff/currants.html
Eggs	www.aeb.org

Eggplant	www.whfoods.com/genpage.php?tname=foodspice&dbid=22
Elderberry	www.elderberries.com/
Fennel	www.whfoods.com/genpage.php?tname=foodspice&dbid=23
Figs	www.californiafigs.com
Figs	www.nafex.org/figs.htm
Flax	www.flaxrd.com
Garlic	http://anrcatalog.ucdavis.edu/pdf/7231.pdf
Ginger	www.mayoclinic.com/health/ginger/NS_patient-ginger
Ginger	www.umm.edu/altmed/consherbs/gingerch.html#overview
Goji Berries	www.wikipedia.org/wiki/wolfberry
Grapefruit	www.floridajuice.com
Grapes	www.tablegrape.com
Guava	www.hort.purdue.edu/newcrop/morton/guava.html
Hazelnuts	www.hazelnutcouncil.org
Honey	www.honey.com
Horeseradish\Wasabi	www.japan-guide.com/e/e2311.html
Horeseradish\Wasabi	www.horseradish.org
Kale	http://plantanswers.tamu.edu/publications/vegetabletravelers/kale.html
Kiwi	www.kiwifruit.org
Lemons	www.hort.purdue.edu/newcrop/morton/lemon.html
	www.raspberryblackberry.com
	www.urbanext.uiuc.edu/strawberries
Limes	http://en.wikipedia.org/wiki/Lime_(fruit
Mango	www.crfg.org/pubs/ff/mango.html
Millet	www.wikipedia.org/wiki/Millet
Mint	http://en.wikipedia.org/wiki/Mentha
Mushrooms	www.mushroomcouncil.com/
Oats	www.namamillers.org
Olives	www.calolive.org
Onions	www.onions-usa.org
Oranges	www.hort.purdue.edu/newcrop/morton/orange.html
Oregano	http://en.wikipedia.org/wiki/Oregano
Papaya	www.crfg.org/pubs/ff/papaya.html
Parsley	http://en.wikipedia.org/wiki/Parsley
Passionfruit	www.crfg.org/pubs/ff/passionfruit.html
Peanuts	www.peanut-institute.org
Pears	www.usapears.com;
Pecans	www.georgiapecans.org
Peppers	http://missvickie.com/howto/spices/peppers/peppersdict.html
Persimmons	www.crfg.org/pubs/ff/persimmon.html
Pineapple	www.howtocutapineapple.com\
Pistachios	www.pistachios.org
Plums (prunes)	www.californiadriedplums.org
Pomegranate	www.pomegranates.org
Potatoes	www.healthypotato.com
Pumpkin	www.urbanext.uiuc.edu/pumpkins/history.html
Quinoa	www.quinoa.net/
Raspberries	www.raspberries.us
Rice (brown)	www.usarice.com
Romaine	www.wikipedia.org/wiki/Romaine_lettuce
Rosemary	www.botanical.com/botanical/mgmh/r/rosema17.html

Rye	www.wholegrainscouncil.org
Salmon	www.great-salmon-recipes.com
Sardines	www.oceansalive.org
Sesame	www.hort.purdue.edu/newcrop/afcm/sesame.html
Sorghum	www.sorghumgrowers.com
Soy	www.soybean.org
Spelt	www.agmrc.org/agmrc/commodity/grainsoilseeds/spelt
Spinach	www.uga.edu/vegetable/spinach.html
Strawberries	www.calstrawberry.com
Mangos	www.freshmangos.com
Peanuts	www.nationalpeanutboard.org/
Pears	www.calpear.com
Pecans	www.ilovepecans.org
Raspberries	www.raspberryinfo.com/
Salmon	www.salmonoftheamericas.com
Whole Grains	www.wholegrainscouncil.org
Soy	www.thesoyfoodscouncil.com
Sunflower	http://www.sunflowernsa.com
Sweet potatoes	www.Sweetpotato.org
Sweet potatoes	www.ncsweetpotatoes.com
Tea	www.tea.co.uk
Tea	www.teausa.com
Teff	www.ethnomed.org/cultures/ethiop/teff.html
Tomatoes	www.tomato.org
Turmeric (search turmeric)	www.mccormick.com
Walnuts	www.walnuts.org
Watermelon	www.watermelon.org
Wheat	www.wheatfoods.org
Whey	www.wheyoflife.org
Whey	www.wheyprotein.com
Yogurt	www.aboutyogurt.com

Commodity Boards

Almond Board of California	www.AlmondsAreIn.com
American Egg Board	www.aeb.org
American Lamb Board	www.americanlamb.com
Apricot Producers of California	www.apricotproducers.com
Bureau of Seafood and Aquaculture	www.fl-seafood.com
California Avocado Commission	www.avocado.org
California Cling Peach Board	www.calclingpeach.com
California Date Commission	www.datesaregreat.com
California Dried Plum Board	www.californiadriedplums.org
California Fig Advisory Board	www.californiafigs.com
California Kiwifruit Commission	www.kiwifruit.org
California Pear Advisory Board	www.calpear.com
California Raisin Marketing Board	www.calraisins.org
California Strawberry Commission	www.calstrawberry.com
California Table Grape Commission	www.tablegrape.com

California Tree Fruit Agreement	www.caltreefruit.com
California Walnuts	www.walnuts.org
Cherry Marketing Institute	www.cherrymkt.org
Chilean Avocado Importers Association	www.chileanavocados.org
Chilean Fresh Fruit Association	www.cffa.org
Concord Grape Association	www.concordgrape.org
Cranberry Institute	www.cranberryinstitute.org
Cranberry Marketing Committee	www.uscranberries.com
Florida Dept. of Citrus	www.floridajuice.com
Georgia Peach Commission	www.gapeaches.org/
Hass Avocado Board	www.avocadocentral.com/avocado-foodservice.php
Idaho Potato Commission	www.idahopotato.com
International Banana Association	www.eatmorebananas.com/
Leafy Greens Council	www.leafy-greens.org
Louisiana Sweet Potato Commission	www.sweetpotato.org
Maine Lobster Promotion Council	www.mainelobsterpromo.com
National Mango Board	www.mango.org
Michigan Apple Committee	www.flavorbest.com
Michigan Blueberry Growers Association	www.blueberries.com
Mushroom Council	www.mushroominfo.com
National Cattlemen's Beef Association	www.beeffoodservice.com
National Cherry Foundation	www.nationalcherries.com
National Honey Board	www.honey.com
National Onion Association	www.onions-usa.org
National Pork Board	www.porkboard.org/
National Turkey Federation	www.eatturkey.org
National Watermelon Promotional Board	www.watermelon.org
NC Sweet Potato Commission	www.ncsweetpotatoes.com
New York Apple Association	www.nyapplecountry.com
New York Wine & Grape Foundation	www.newyorkwines.org/
North American Blueberry Council	www.blueberry.org
Northwest Cherry Growers	www.nwcherries.com
Oregon Raspberry and Blackberry Commission	www.oregon-berries.com
Pacific Northwest Canned Pear Service	www.pnw-cannedpears.com
Peanut Advisory Board	www.peanutbutterlovers.com
Pear Bureau Northwest	www.usapears.com
Pomegranate Council	www.pomegranates.org
Popcorn Board	www.popcorn.org
Produce for Better Health Foundation	www.5aday.com
U.S. Apple Association	www.usapple.org
U.S. Potato Board	www.potatohelp.com
USA Rice Federation	www.menurice.com
United Fresh Fruit & Vegetable Assn.	www.uffva.org
The Vidalia® Onion Committee	www.vidaliaonion.org
Washington Red Raspberry Commission	www.raspberryinfo.com
Washington State Apple Commission	www.bestapples.com
Washington State Fruit Commission	www.nwcherries.com
Washington State Potato Commission	www.potatoes.com

Wheat Foods Council	www.wheatfoods.org
Wild Blueberry Assn. of North America	www.wildblueberries.com
Wisconsin Milk Marketing Board	www.wisdairy.com